

# ACT FAST

Learn the many warning signs of a stroke. Act **FAST** and **CALL 1-1-9 IMMEDIATELY** at any sign of a stroke. Use **FAST** to remember the warning signs:

## F

**FACE:** Ask the person to smile. Does one side of the face droop?



## A

**ARMS:** Ask the person to raise both arms. Does one arm drift downward?



## S

**SPEECH:** Ask the person to repeat a simple phrase. Is their speech slurred or strange?



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## T

**TIME:** If you observe any of these signs, call 1-1-9 immediately.



It is important to recognize stroke symptoms and act quickly by **CALLING 1-1-9**